

DR MAREK GARBOWSKI

MBBS, FRACS (VASCULAR)

STATE OF THE ART TREATMENT OF VASCULAR PROBLEMS

— IN THE HEART OF SUBIACO —



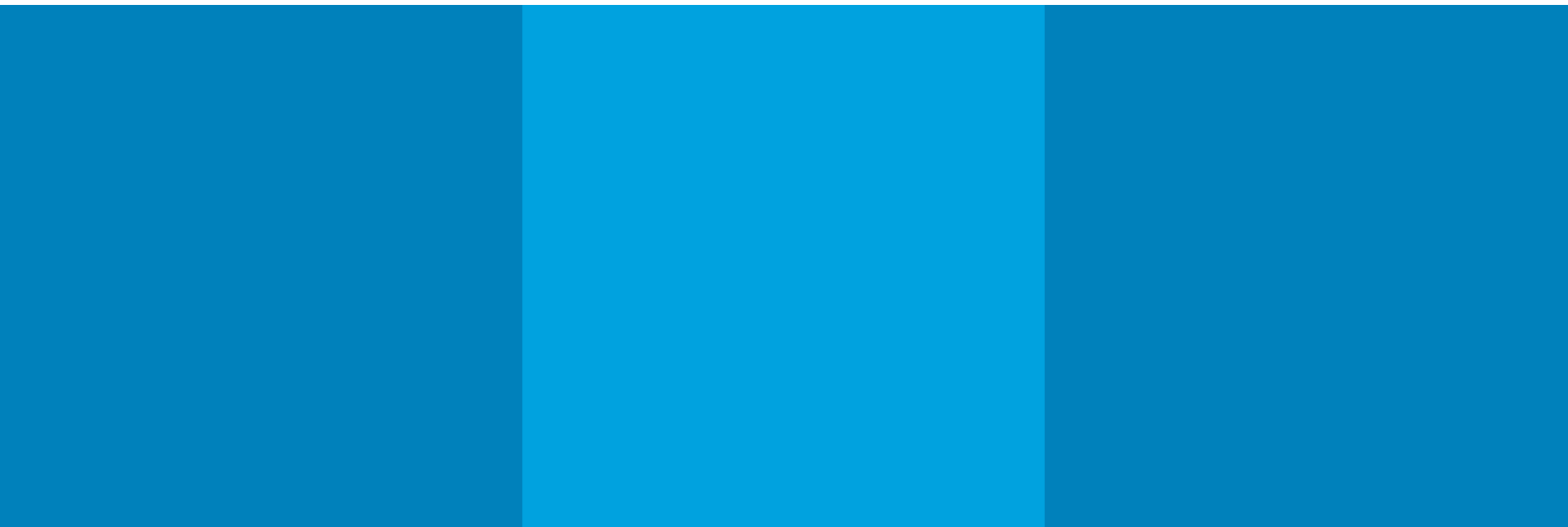
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Unit 1, 2 Gemstone Bvd
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MBBS, FRACS (VASCULAR)

DR MAREK GARBOWSKI

Dr Garbowski treats vascular problems in both public and private patients of all ages, and has access to both public and private hospitals when surgery is required. He is also the former Head of the Vascular Surgery Department at Sir Charles Gairdner Hospital.

Passionate about vascular health, Dr Garbowski teaches at both UWA and Notre Dame University, sharing his expertise with the next generation of medical practitioners.

Perth Vascular Clinic was established in 2006 by Vascular and Endovascular Surgeon, Dr Marek Garbowski. Dr Garbowski completed his Bachelor of Medicine/Bachelor of Surgery (MBBS) in 1994, and undertook extensive vascular and endovascular

training in Australia and overseas before being awarded the Vascular Fellowship by the Royal Australasian College of Surgeons (FRACS Vasc) in 2005. He opened his clinic at St John of God Hospital in Subiaco the following year.

Experience, Qualifications & Professional Memberships

Bachelor of Medicine/Bachelor of Surgery (MBBS)

Vascular Surgery Fellowship, Royal Australasian College of Surgeons (FRACS - Vasc)

Member of the Australian & New Zealand Society of Vascular Surgery

Member of the Western Australian Vascular & Endovascular Society

Member of the Australasian College of Phlebology

Former Head of Vascular Surgery, Sir Charles Gairdner Hospital

Senior Lecturer, University of Western Australia (UWA) and Notre Dame University



Welcome to Perth Vascular Clinic

Perth Vascular Clinic is operated by Dr Marek Garbowski, a consultant Vascular and Endovascular surgeon who specialises in the treatment of vascular problems in patients of all ages.

The clinic welcomes both public and private healthcare patients, and is located at St John of God Hospital in Subiaco (Suite 218, 25 McCourt Street).

Dr Garbowski has more than 20 years of experience in the treatment and management of vascular health, and is the former Head of the Vascular and Endovascular Surgery Department at Sir Charles Gairdner Hospital. He also consults and operates at a number of hospitals in Perth, Joondalup and Bunbury.

Highly qualified in all aspects of vascular health, Dr Garbowski is able to assist patients throughout their treatment without referrals to other specialists, enabling him to effectively manage his patients' condition and provide a high level of care at all times throughout their treatment process.

With access to Vascular West- dedicated vascular ultrasound service, Dr Garbowski can undertake high quality investigations into his patients' conditions to reduce the number of tests and visits each patient requires.

Vascular Conditions Treated

- Aortic Aneurysm
- Peripheral Arterial Disease
- Varicose Veins and other Venous Diseases
- Arteriovenous Fistula and Vascular Access for Haemodialysis
- Thoracic Outlet Syndrome
- Chronic Venous Disease and Deep Vein Thrombosis treatment
- Comprehensive care of surgical ulcers
- All aspects of Diabetic Foot management
- Assessment and Treatment of Hyperhidrosis
- Vascular Exposures in difficult clinical circumstances

REFERRAL PRIORITY – VASCULAR SURGERY

The clinical information provided in your referral will determine the timeframe in which a patient is offered an appointment.

IMMEDIATE	URGENT	ROUTINE
Direct to EMERGENCY	Appointment timeframe 30 days	Appointment timeframe greater than 30 days depending on clinic need
<ul style="list-style-type: none">* Crescendo or multiple TIA/ RIND or amaurosis fugax* Abdominal aortic aneurysm >6cm diameter* Axillary vein thrombosis* Ascending thrombophlebitis to the level of the sapheno femoral junction	<ul style="list-style-type: none">* Changing aneurysm (increasing size, tenderness or AAA >5cm diameter* Deteriorating claudication* Popliteal aneurysm>2.0cm diameter* Stenosis of internal carotid (duplex scan positive) with TIA/ RIND or amaurosis fugax* Ischaemic and threatened limb* Wound infection* Rest pain/Gangrene/Ulceration* Seroma/haematoma* AV fistula thrombosis* Bypass Graft Occlusion* Asymptomatic carotid stenosis >80%	<ul style="list-style-type: none">* Varicose Veins* Thoracic outlet compression* Hyperhidrosis* Incidental finding of renal artery stenosis* Facial blushing
Phone Dr Garbowski directly on M: 0403 765 764 OR Phone the Vascular Surgery Registrar at local Emergency Department OR Send Patient to EMERGENCY	URGENT cases can be discussed with the rooms, please phone 9382 9100 to arrange	Fax referral to 9382 9101 OR via email to: reception@perthvascularclinic.com.au

ARTERIAL—Carotid Artery Disease

EVALUATION	MANAGEMENT	REFERRAL GUIDELINES
<p>Standard history:</p> <ul style="list-style-type: none">* History of TIAs (localising, gloval and amaurosis fugax) or stroke* History of risk factors and management* Examination - evidence of:<ul style="list-style-type: none">* Carotid bruit* Peripheral pulses* Neurological deficit* Cardiovascular assessment <p>Investigations:</p> <ul style="list-style-type: none">* USS/Duplex Scan	<ul style="list-style-type: none">* Commence Asprin or Clopidogrel (if there is allergy or other contraindication to Asprin)* Manage risk factors: Stop smoking status Antihypertensives Management of Diabetes	<ul style="list-style-type: none">* IMMEDIATE referral – contact Dr Garbowski directly on M: 0403 765 764 OR contact Vascular Surgery Registrar at local Emergency Department OR Send Patient to EMERGENCY* Crescendo or multiple TIA/ RIND* Amaurosis fugax <p>Refer URGENTLY:</p> <ul style="list-style-type: none">* Isolated TIA/RIND/* Amaurosis fugax* Asymptomatic carotid stenosis of .80% on imaging <p>Refer PROMPTLY:</p> <ul style="list-style-type: none">* Asymptomatic carotid stenosis of <80% on imaging* Subclavian stenosis or vertebral steal* Carotid body tumour

Abdominal Aortic Aneurysm

EVALUATION	MANAGEMENT	REFERRAL GUIDELINES
<p>Standard history and risk factors particularly genetic factors and collagen disorders</p> <ul style="list-style-type: none">* Risk factor management <p>Investigations:</p> <ul style="list-style-type: none">* Abdominal ultrasound* If >5cm: Fine slice CT Angiogram* If<5cm: Refer for an Abdominal USS	<ul style="list-style-type: none">* Manage risk factors* Where serial/follow up serveillance US scans are performed, any increase of 1cm or more withing a 12 month period is an idicator for early referral.	<ul style="list-style-type: none">* If >6cm diameter: Contact Dr Garbowski directly on M: 0403 765 764 OR contact Vascular Surgery Registrar* If 5-6cm diameter, after Fine Slice CT Angiogram refer - URGENT* If<5cm: prompt referral

ARTERIAL—Carotid Artery Disease

EVALUATION	MANAGEMENT	REFERRAL GUIDELINES
Evidence of: <ul style="list-style-type: none">* Deteriorating renal function* Suspicion renovascular or resistant hypertension* Found accidentally Investigation* Renal USS	N/A	<ul style="list-style-type: none">* Symptomatic, Refer - URGENT - also referral to Renal* Incidental finding, Refer - Routine <p>Note: Initial referral should usually be made to Renal Physician</p>

Peripheral Vascular Disease

EVALUATION	MANAGEMENT	REFERRAL GUIDELINES
<ul style="list-style-type: none">* History including incapacitating claudication, rest pain, ulceration, gangrene* Standard history and risk factors particularly smoking and diabetes* Genetic factors and collagen disorders* Peripheral pulses	<ul style="list-style-type: none">* Managing risk factors, particularly smoking and diabetes.* Advice re graduated exercise programme.* Statins and antiplatelet agents where indicated* Caution with beta blockers - consider using more selective blocker if required	<ul style="list-style-type: none">* Ischaemic changes OR rest pain, Refer - URGENT - contact Dr Garbowski directly on M: 0403 765 764 OR contact Vascular Surgery Registrar at local EMERGENCY department* Claudication <50m, refer - URGENT* Claudication >50m refer - Routine Advise re graduated exercise programme.* Caution with beta blockers - consider using more selective blocker if required

Popliteal Artery Aneurism

EVALUATION	MANAGEMENT	REFERRAL GUIDELINES
		<p>If >2.0cm diameter, refer URGENT</p> <p>If <2.0cm diameter, refer - Routine</p>

VENOUS—Varicose Veins including Thrombophlebitis

EVALUATION	MANAGEMENT	REFERRAL GUIDELINES
<ul style="list-style-type: none">* Standard history and examination, particular reference to any history of DVT and in relation to previous surgery, accident or parturition, genetic factors Investigations:* Venous Insufficiency Duplex Scan	Consider graduated compression stockings	<ul style="list-style-type: none">* Ascending thrombophlebitis to the level of the sapheno femoral junction, Refer – IMMEDIATELY, contact Dr Garbowski directly on M: 0403 765 764 or contact Vascular Surgery Registrar and send to EMERGENCY department* Venous ulcers OR haemorrhage from varicose veins, Refer - URGENT* Venous hypertension, Refer - Routine

Axillary Vein Thrombosis

EVALUATION	MANAGEMENT	REFERRAL GUIDELINES
<ul style="list-style-type: none">* History of oestrogen therapy, family history, intercurrent disease (particularly malignancy)	N/A	<ul style="list-style-type: none">* Refer – IMMEDIATELY, contact Dr Garbowski directly on M: 0403 765 764 OR contact Vascular Surgery Registrar and send to EMERGENCY department

Deep Vein Thrombosis (DVT)

EVALUATION	MANAGEMENT	REFERRAL GUIDELINES
<ul style="list-style-type: none">* History of oestrogen therapy, oral contraceptives, family history, intercurrent disease (particularly malignancy)	N/A	<ul style="list-style-type: none">* Refer – IMMEDIATELY, contact Dr Garbowski directly on M: 0403 765 764 OR contact Vascular Surgery Registrar and send patient to EMERGENCY department

MISCELLANEOUS—Hyperhidrosis

EVALUATION	MANAGEMENT	REFERRAL GUIDELINES
History of profound sweating of hands and axillae unresponsive to conservative treatment	Consider probanthine	Refer - Routine consideration

Blushing

EVALUATION	MANAGEMENT	REFERRAL GUIDELINES
		Refer - Routine consideration

Dr Marek Garbowski
Vascular & Endovascular Surgeon

CONTACT
For all Appointments



(08) 9382 9100 M: 0403 765 764



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reception@perthvascularclinic.com.au



MON - FRI: 9.00am to 4.00pm



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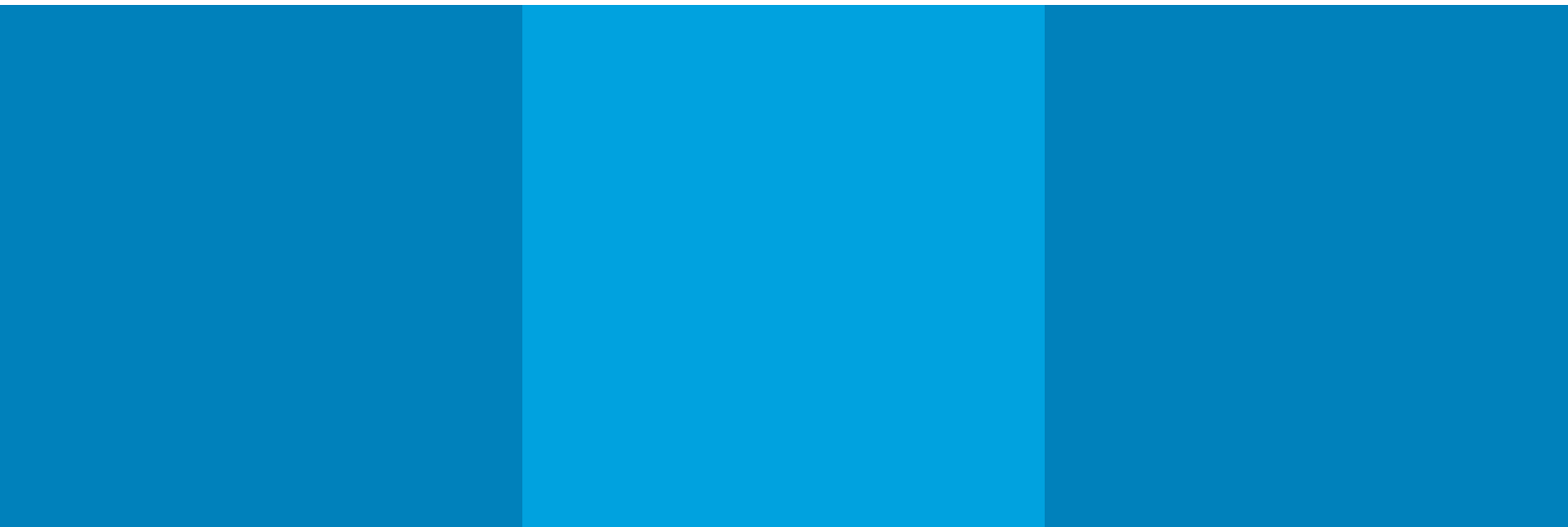
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