

## QUESTIONS FOR DOCTOR

### Chronic Pelvic Pain, Pelvic Venous Congestion Syndrome and Treatment Options Discussion Guide

Use this list to help you prepare the questions you want to ask your doctor at your next appointment.

#### Chronic pelvic pain and pelvic venous congestion syndrome?

- What is chronic pelvic pain?
- What is pelvic venous congestion syndrome?
- What is the difference between chronic pelvic pain and pelvic venous congestion syndrome?
- What other medical names are there for pelvic venous congestion syndrome?
- What has caused pelvic venous congestion syndrome in my case, why have I got it?
- Is there anything I should avoid doing, for example:

.....  
*(name activity you enjoy or are worried about such as sports, gardening, flying)*

- What else can I do to prevent suffering from pelvic pain?
- What kind of chronic pelvic pain do I have?
- What can I do to avoid triggering pelvic pain?
- What should I do when I am suffering from pelvic pain?
- What should I tell my family/partner/friends about my condition?
- Do I need to have any tests to find out more about my condition?
- Will I ever be free of pelvic pain and get my normal life back again?
- Is pelvic pain hereditary – might my children be at risk?

#### Medical management

- What medications are typically prescribed for pelvic venous congestion syndrome?
- How does it work and what are the possible side effects?
- How do these medications impact the activities I can do?
- Will they stop the pelvic pain occurring?
- Can I ever come off the medications completely?

## Other treatments

- What are the alternatives to medication?
- What things should I consider when I am thinking about for any non-drug treatments, such as:
  - Pelvic pain embolisation
  - Surgical treatment

## Surgical solutions and ovarian vein embolisation (if applicable)

- Where would I have the procedure done?
- How long would I need to wait before I can have the procedure?
- Would I need more tests beforehand?
- How would I need to prepare for the procedure?
- How does the procedure work to treat my pelvic venous congestion syndrome?
- How long does the procedure take?
- How long would I need to be in hospital?
- How long will pain typically last after the procedure?
- When would I be able to go back to work/normal activities?
- What are the risks and side effects?
- What is the success rate?
- Will my symptoms be completely gone?
- Does the procedure need to be repeated or does the result last forever?
- Is there anything else I need to know about the procedure?

.....

.....

.....

.....

Remember to take this guide with you when you see your doctor!



This material is for informational Purposes only and not meant for medical diagnosis. This information does not constitute medical or legal advice, and Boston Scientific makes no representation regarding the medical benefits included in this information. Boston Scientific strongly recommends that you consult with your physician on all matters pertaining to your health.

Individual symptoms, situations, circumstances, and results may vary. This information is not intended to be used for medical diagnosis or treatment or as a substitute for professional medical advice. Please consult your doctor or qualified healthcare provider regarding your condition and appropriate medical treatment.

Your doctor will be able to advise you if it could be a suitable treatment for you according to diagnostic and treatment guidelines. As with any medical procedure, there are risks involved. Be sure to talk with your doctor so that you thoroughly understand all of the risks and benefits associated with the implantation and use of the device.